

# **HEALTH POLICIES**

### Morning Screenings

Mel Family Daycare will do a brief health exam each day, with every child. If the child does not appear well, the parent will be asked to take the child home. If the parent has already left the child in my care, we will do the following:

- Parents will be called and asked to pick up their child immediately.
- If a parent cannot be reached, people on the Emergency Contact List will be called.
- We will make your child as comfortable as possible, in an isolated area, while he/she waits.

#### **Medications**

If your child is taking prescription or over-the-counter medication, the following is required:

- Only an authorized employee of Mel Family Daycare will administer medication to a child.
- Medication must be contained in the original prescription bottle.
- Medication must have an unaltered label with the child's name, date and dosage.
- The parent must also fill out an "Authorization to Administer Medication" form and leave a copy with Mel Family Daycare.
- Please give the form and the medication directly to an authorized employee or myself, first thing in the morning.
- NEVER PUT ANY MEDICATIONS, SALVES, OINTMENTS, ETC. IN YOUR CHILD'S CUBBY.

## **Allergies**

- Please notify us, in writing of any known allergies AND sensitivities your child has to food or medication.
- If your doctor diagnoses your child as having an allergy, provide a note from your physician immediately.
- Include this information on your Emergency Authorization Card.

## Contagious Illnesses, Exclusion

- If your child is exposed to or develops a contagious illness, please notify Mel Family Daycare immediately.
- We will have to contact the families of other children who may have been exposed.

- Any child or adult who has been absent as a result of communicable disease will not be readmitted into our care until we are assured that the child or adult no longer has any evidence
  of that communicable disease.
- Parents MUST provide a doctor's note.
- Children / Adults with the following symptoms will NOT be permitted to enter.
  - o **Temperature:** ear temperature of 101 or greater; accompanied by behavior changes or other signs or symptoms of illness.
  - O **Signs of possible severe illness:** including unusual lethargy, irritability, persistent crying, difficult breathing, and uncontrolled coughing.
  - O **Uncontrolled diarrhea:** defined as an increased number of bowel movements compared with the child's normal pattern, with increase stool water and/or decreased form that is not contained by the diaper or toilet use.
  - O **Vomiting:** two or more times in the previous 24 hours unless the vomiting is determined to be due to a non-communicable condition and the child is not in danger of dehydration.
  - o **Mouth sores:** with drooling unless the child's physician or local health department authority states the child is not infectious.
  - o **Rash:** with fever or behavior change until a physician has determined the illness not to be a communicable disease.
  - O Purulent conjunctivitis: defined as pink or red conjunctiva with white or yellow eye discharge, often with matted eyelids after sleep, and including a child with eye pain or redness of the eyelids or sing surrounding the eye, until 24 hours after treatment has begun.